



WINTER 2019



PROGRAM SCHEDULE

For children who use a wheelchair For children who use an assistive device For children who walk independently

FAMILY FUN

WALK.RUN.ROLL • FREE for Kinetic Kids •
Join us for the 5K along Salado Creek or a 1-mile, all-accessible course. We're partnering with New Balance San Antonio to offer this event, including a competitive 5K walk! To register, go to Events at www.kinetickidstx.org.

Saturday, February 9, 10am start time
Wheatley Heights Sports Complex
200 Noble Drive, 78221

AT BAT WITH THE APACHES • FREE •
Kinetic Kids and their siblings join the Antonian High School baseball team for a fun morning of baseball skills, drills and scrimmaging.

Saturday, February 2, 10am
Antonian High School, 6425 West Avenue 78213

DRUMMING AROUND • \$10/child •
Kinetic Kids enjoy some drum circle fun, making beautiful music while exploring rhythm and beats! Details TBD

PARENT & ME

Children ages 18 months to 5 years with special needs who are unable to participate in mainstream sports and recreational programs due to a limitation related to their diagnosis. Each participant is partnered with a parent.

GYMNASTICS • 6 weeks • \$75 •
Gymnasts explore trampoline, bars, beam, vault and floor with parent participation.

Sundays starting January 20, 2:30-3:15pm
Extreme Gymnastics, 1965 Post Rd #506
New Braunfels 78130

Sundays starting January 27, 4-4:45pm
Sundays starting January 27, 5-5:45pm
Aerial Athletics, 4335 Vance Jackson #300 78230

SWIM • 6 weeks • \$75 •
Swim allows children and parents to explore water in a safe, controlled environment and progress swimming skills.

Sundays starting January 20, 4-4:30pm
Emler Swim School, 20210 Stone Oak Pkwy 78258

Sundays starting January 27, 4-4:30pm
Emler Swim School, 15502 Huebner Rd 78248

CHAMPIONS

Children ages 5-18 who need assistance following directions or staying in line in a group setting. We strive to provide 1:1 assistance for Champions.

BASKETBALL • 6 weeks • \$75 •
Players learn FUNdamentals of basketball through skills, drills and scrimmaging.

Sundays starting January 20, 4-4:45pm
Palo Alto College, 1400 W Villaret Blvd 78224

Thursdays starting January 24, 5:45-6:30pm
Nellie Reddix Center, 4711 Sid Katz Dr 78229

DANCE • 4 weeks • \$75 •
Dancers learn routines and celebrate with a performance at the season's end.

Sundays starting February 10, 6-7pm
Palo Alto College, 1400 W Villaret Blvd 78224

GYMNASTICS • 6-7 weeks • \$75 •
Gymnasts explore trampoline, bars, beam, vault and floor.

7 Sundays starting January 20, 4-4:45pm
7 Sundays starting January 20, 5-5:45pm
Aerial Athletics, 4335 Vance Jackson #300, 78230

6 Sundays starting January 20, 3:15-4pm
Extreme Gymnastics, 1965 Post Rd #506
New Braunfels 78130

MUSIC • 7 weeks • \$75 •
Participants explore a variety of instruments including keyboard, rhythm instruments and drums. Concludes with a final concert.

Mondays starting January 21, 5:45-6:30pm
Warm Springs Foundation Resource Center
5101 Medical Dr 78229

SOCCER • 6 weeks • \$75 •
Players learn FUNdamentals of indoor soccer through skills and drills. Concludes with a scrimmage and awards.

Tuesdays starting January 22, 5:30-6:15pm
Soccer Zone, 8020 Pat Booker Rd, Live Oak 78233

SWIM • 6 weeks • \$75 •
Swim allows children to explore water in a safe, controlled environment and progress swimming skills.

Sundays starting January 20, 4:30-5pm
Sundays starting January 20, 5:45-6:15pm
Emler Swim School, 20210 Stone Oak Pkwy 78258

Sundays starting January 27, 4-4:30pm
Sundays starting January 27, 5:25-5:55pm
Emler Swim School, 6044 FM 3009, Schertz 78154

Sundays starting January 27, 4:30-5pm
Sundays starting January 27, 5:45-6:15pm
Emler Swim School, 15502 Huebner Rd 78248

ALLSTARS

For children ages 5-18 with a physical disability OR those with developmental disabilities who follow directions in a group setting.

BASKETBALL • 6 weeks • \$75 • ♿

Players learn FUNdamentals of basketball through skills, drills and scrimmaging.

Sundays starting January 20, 4:45-5:45pm

Palo Alto College, 1400 W Villaret Blvd 78224

Thursdays starting January 24, 6:30-7:30pm

Nellie Reddix Center, 4711 Sid Katz Dr 78229

Tuesdays starting January 29, 6-7pm

UIW Henrich Center for Fencing and International Sports
3200 McCullough 78212

BASKETBALL FOR TEENS • 6 weeks • \$75 • ♿

Players ages 11 and older learn FUNdamentals of basketball through skills, drills and scrimmaging.

Tuesdays starting January 29, 7-8pm

UIW Henrich Center for Fencing and International Sports
3200 McCullough 78212

DANCE • 4 weeks • \$75 • ♿ ♻️ ♿

Dancers learn routines and celebrate with a performance at the season's end.

Sundays starting February 10, 6-7pm

Palo Alto College, 1400 W Villaret Blvd 78224

GYMNASTICS • 6-7 weeks • \$75 • ♿ ♻️ ♿

Gymnasts explore trampoline, bars, beam, vault and floor.

7 Sundays starting January 20, 6-7pm

Aerial Athletics, 4335 Vance Jackson #300, 78230

6 Sundays starting January 20, 4-5pm

Extreme Gymnastics, 1965 Post Rd #506
New Braunfels 78130

MUSIC • 7 weeks • \$75 • ♿ ♻️ ♿

Participants explore a variety of instruments including keyboard, rhythm instruments and drums. Concludes with a final concert.

Mondays starting January 21, 6:30-7:30pm

Warm Springs Foundation Resource Center
5101 Medical Dr 78229

SOCCER • 6 weeks • \$75 • ♿ ♻️ ♿

Players learn FUNdamentals of soccer through skills and drills. Concludes with a scrimmage and awards.

Tuesdays starting January 22, 6:15-7pm

Soccer Zone, 8020 Pat Booker Rd, Live Oak 78233

SWIM • 6 weeks • \$75 • ♿ ♻️ ♿

Swim allows children to explore water in a safe, controlled environment and progress swimming skills.

Sundays starting January 20, 5-5:45pm

Emler Swim School, 20210 Stone Oak Pkwy 78258

Sundays starting January 27, 5-5:45pm

Emler Swim School, 15502 Huebner Rd, 78248

Sundays starting January 27, 4:35-5:20pm

Emler Swim School, 6044 FM 3009, Schertz, 78154

To receive more info about the divisions below, sign in to your online registration account and register for SA Premier & SA Xtreme Interest lists.

SA PREMIER

For athletes with intellectual or physical disabilities with both the skill and desire to compete at a higher level, this division is geared for athletes successful in the Allstars division that are able to compete without volunteer assistance and meet program-specific criteria.

Tryouts or identification by program directors are required for participation in Competitive Sports. Fall competitive sports include year-round **cheer, CrossFit, gymnastics, and swimming.**

SA XTREME

For athletes with physical disabilities with both the skill and desire to compete at a higher level, this division is geared for athletes successful in the Allstars division that are able to compete without volunteer assistance and meet program-specific criteria. Tryouts or identification by program directors are required for participation in Xtreme Sports. Fall Xtreme sports include **swimming, track & field and wheelchair basketball.**