

KINETIC KIDS

Medical Release Form
Atlantoaxial Instability Screening and Recommendations

Name: _____ **DOB:** _____

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The above named person is interested in participating in one or more programs with Kinetic Kids Sport and Recreation for All.

On examination of cervical spine x-rays including neutral, flexion and extension views, I find _____ has:

_____NO evidence of Atlantoaxial Instability
OR
_____POSITIVE or equivocal evidence of Atlantoaxial Instability

If Atlantoaxial Instability is present, please state recommendations concerning participation in sport and recreation activities, including precautions and exclusions.

POLICY GUIDELINES:

Recent guidelines recommend x-ray screening for AAI (Atlantoaxial instability) for children with Down Syndrome at 3 years of age and repeated at 12 years of age, 18 years of age, and adulthood. Individuals with an abnormal screen should be reevaluated in one year.

Studies performed at an institution accustomed to taking and reading films for such reason should include lateral cervical spine x-rays in the neutral view, in flexion, and in extension.

DATE: _____

PHYSICIAN SIGNATURE: _____