



The Xtreme sport division is designed for athletes with physical disabilities who will compete within Paralympic programming. Programs in this division are designed for athletes with both the skill and the desire to compete at a higher level in competitions with peers with similar abilities. Participation in these sports requires sport specific criteria including tryouts to determine eligibility. This division will have an annual schedule and fee structure with partial scholarships available.

Overall Participation Qualifications

- Athletes with physical disabilities must be 5-18 years of age.
- Athletes must be able to function in a group setting, listen and consistently follow directions from the coach without parent or volunteer involvement.
- Athletes must be able to comprehend and retain skill development from week-to-week and season-to-season.
- Athletes must be able to complete workouts with limited instruction and be able to follow a strict curriculum in order to improve their skill and or prepare for competitions.
- Athletes must demonstrate the desire to compete at a level beyond recreational programming.
- Parents must be willing and able to adhere to a demanding practice and competition schedule with good attendance
- Tryouts are mandatory unless invited by Kinetic Kids staff

Xtreme Sports

- ➔ Swimming
- ➔ Track & Field
 - Ambulatory
 - Wheelchair
- ➔ Tennis
 - Ambulatory
 - Wheelchair
- ➔ Wheelchair Basketball

Why Choose Xtreme?

Xtreme Sport division is the next level of coaching and programming for competitive athletes with physical disabilities. This program differs from seasonal Kinetic Kids recreational programs in the following ways:

- Kinetic Kids will provide expert coaching by a sport specific coach at each practice and program.
- Due to the competitive nature of this division, experienced coaches will oversee the programs and progress of the athletes. Program directors and/or admin support will be provided as necessary.
- Any Kinetic Kids volunteers at Xtreme programs would primarily assist the coaches since athletes are required to participate independently at a competitive level.
- Duration of sport programs will vary from 4-week blocks to year-round depending upon the sport.
- Fees for each sports program are based on the duration of the program, number of competitions held and specialized equipment required.
- Competition entry fees are paid by Kinetic Kids, Inc. , while families are responsible for all travel costs.