



# Kinetic Kids WINTER Schedule



Registering with Kinetic Kids this season is as easy as 1, 2, 3! 😊

- 1) Identify your child's division
- 2) Pick the program(s) you'd like to register for
- 3) Create your SportSignUp password and reserve your spot today!

## Kinetic Kids DIVISIONS:

### Parent and Me (WINTER 2012: Gymnastics, Swimming)

- For children 5 and under with special needs who are unable to participate in mainstream sports and recreational programs due to a limitation related to their diagnosis.

### Champion (WINTER 2012: Basketball, Gymnastics, Swimming)

- For children 5 and older who need assistance following directions, staying in line in a group setting, and or need extra attention due to behavior or sensory disorders.
- Examples of common diagnoses: autism, down syndrome, pervasive developmental disorders

### Allstar (WINTER 2012: Basketball, Gymnastics, Swimming)

- For children 5 and older who are able to follow directions in a group setting and unable to participate in mainstream programs due to a limitation related to their diagnosis.
- Many children with physical disability as their primary diagnosis are appropriate for this division.
- Examples of common diagnoses: cerebral palsy, asperger's, spina bifida, developmental delays, traumatic brain injuries, down syndrome

### Division T (WINTER 2012: Basketball)

- For children who fall into the Allstar division
- For children 11 years and older with physical, developmental, or cognitive disorders that are able to perform sport activities without 1 on 1 volunteer support.

### Division P (WINTER 2012: Basketball)

- For children who fall into the Allstar division.
- For children 7 years and older with a physical disability that walk independently without an assistive device.
- Children with neurological involvement, ie: Increased tone or balance disorders and or orthopedic involvement, ie: amputees, congenital malformations.
- This division is for children that are limited in competition due to physical impairments not cognitive impairments.
- Examples of common diagnoses: hemiplegia, stroke, mild cerebral palsy, L4, L5 spina bifida, amputees, muscular dystrophy

### Division W (WINTER 2012: Wheelchair Basketball)

- For children who fall into the Allstar division.
- For children 7 years & older who are walker ambulators or use wheelchairs as primary means of mobility.
- Children must be able to self propel 200' in their wheelchair to safely participate in this division.
- Examples of common diagnoses: Spina Bifida, Cerebral Palsy, Paraplegia, amputees

### All Can Play (WINTER 2012: Father/Daughter Dance, Ski Trip)

- Event opportunities for all Kinetic Kids and their families to participate!
- These are non-traditional Kinetic Kids activities (usually 1 day events) for all diagnosis.

**BASKETBALL:** The Kinetic Kids basketball program teaches the basics of basketball while incorporating fun activities & drills.

**CHAMPION Basketball**  
UUMC Location  
(8 wk program)

For children 5 & older who need assistance following directions, staying in line in a group setting, and or need extra attention due to behavior or sensory disorders. 45 minute class each Wednesday for 8 weeks.

**CHAMPION BASKETBALL:**  
**Location 1:** University United Methodist Church, 5084 DeZavala Rd, 78249  
**Starts:** Wednesday, January 18th  
**Time:** 5:15-6pm

**CHAMPION Basketball**  
Mission Road Location  
(8 wk program)

For children 5 & older who need assistance following directions, staying in line in a group setting, and or need extra attention due to behavior or sensory disorders. 45 minute class each Monday for 8 weeks.

**CHAMPION BASKETBALL:**  
**Location 2:** Mission Road Developmental Center, 8706 Mission Rd, 78214  
**Starts:** Monday, January 16th  
**Time:** 5:15-6pm

**ALLSTAR Basketball**  
UUMC Location  
(8 wk program)

For children 5 and older who are able to follow directions in a group setting & unable to participate in mainstream programs due to a limitation related to their diagnosis. 1 hour class each Wednesday for 8 weeks.

**ALLSTAR Basketball**  
**Location 1:** University United Methodist Church, 5084 DeZavala Rd, 78249  
**Starts:** Wednesday, January 18th  
**Time:** 6-7pm

**ALLSTAR Basketball**  
Mission Road Location  
(8 wk program)

For children 5 & older who are able to follow directions in a group setting and unable to participate in mainstream programs due to a limitation related to their diagnosis. 1 hour class each Monday for 8 weeks.

**ALLSTAR Basketball**  
**Location 2:** Mission Road Developmental Center, 8706 Mission Rd, 78214  
**Starts:** Monday, January 16th  
**Time:** 6-7pm

**ALLSTAR Basketball**  
DIV. T & DIV. P  
UUMC location  
(8 wk program)

For children 11 years & older with physical, developmental, or cognitive disorders that are able to perform sport act's without a 1-on-1 volunteer support. **AND** for children 7 years & older with only a physical disability that walk independently. 1 hour class each Wednesday for 8 weeks.

**ALLSTAR Div T & P Basketball**  
**Location:** University United Methodist Church, 5084 DeZavala Rd, 78249  
**Starts:** Wednesday, January 18th  
**Time:** 7-8pm

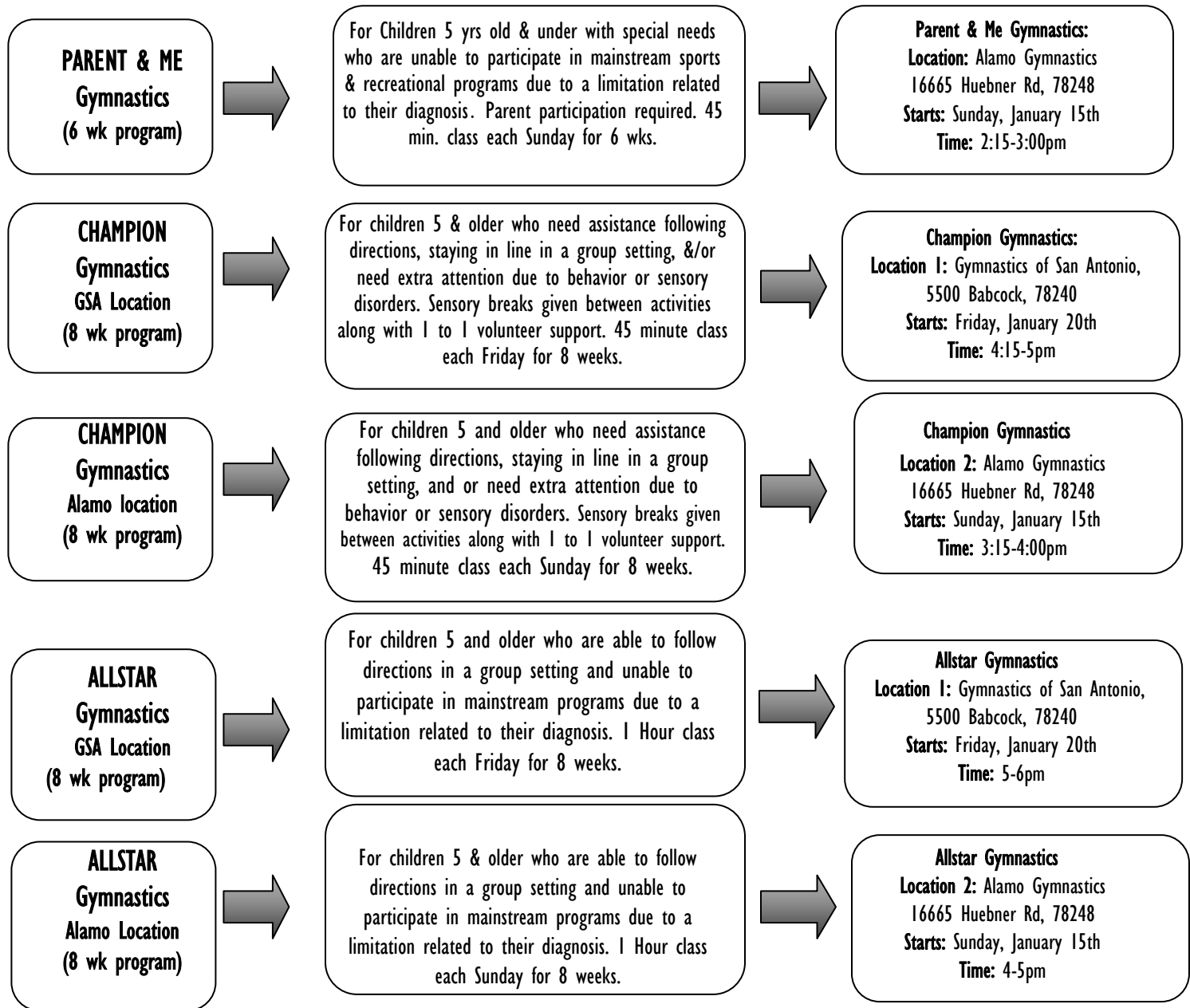
**ALLSTAR Basketball**  
DIV. W  
UIW location  
(8 wk program)

For children 7 years & older with a physical disability that walk with walkers or use a wheelchair for mobility. Participants must be able to self propel at least 200 ft to safely participate in this division. 1 hr class each Thurs for 8 wks.

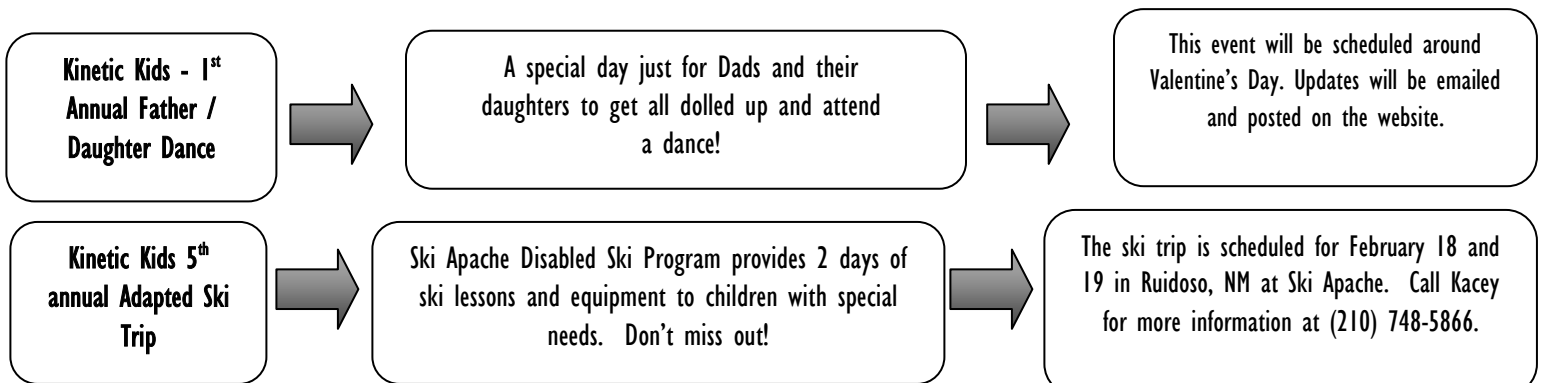
**ALLSTAR Div W Basketball**  
**Location:** University of Incarnate Word 301 Broadway, 78209  
**Starts:** Thursday, January 19th  
**Time:** 6:00-7:00pm

**ONLINE REGISTRATION BEGINS DECEMBER 30<sup>TH</sup>.**

**GYMNASTICS:** Kinetic Kids Gymnastics program teaches a variety of skills & apparatuses. Programs are customized based on division and abilities.



**ALL CAN PLAY:** Event opportunities for all Kinetic Kids and their families to participate!



**SWIMMING:** Kinetic Kids Swimming Program introduces basic swimming strokes, safety skills and comfort in water. Skills & strokes covered are customized based on division and abilities.

**PARENT & ME  
Swimming  
(6 wk program)**

For children 5 & under with special needs who are unable to participate in mainstream sports & recreational programs due to a limitation related to their diagnosis. Parent Participation required. 30 min class each Sunday for 6 weeks.

**Parent & Me Swimming**  
**Location:** Love To Swim School, 15502 Huebner Rd, 78248  
**Starts:** Sunday, January 22<sup>nd</sup>  
**TIME:** 3-3:30pm

**CHAMPION  
Swimming  
LTSS  
(6 wk program)**

For children 5 & older who need assistance following directions, staying in line in a group setting, and or needs extra attention due to behavior or sensory disorders. 30 minute class each Sunday for 6 weeks.

**Champion Swimming**  
**Location 1:** Love to Swim School, 15502 Huebner Rd, 78248  
**Starts:** Sunday, January 22<sup>nd</sup>  
**TIME:** 3:30-4:00pm

**CHAMPION  
Swimming  
Palo Alto  
(6 wk program)**

For children 5 & older who need assistance following directions, staying in line in a group setting, &/or needs extra attention due to behavior or sensory disorders. 30 minute class every Monday for 6 weeks.

**Champion Swimming**  
**Location 2:** Palo Alto College, 1400 W Villaret Blvd, 78224  
**Starts:** Monday, January 30<sup>th</sup>  
**TIME:** 5:30-6:00pm

**ALLSTAR  
Swimming  
LTSS  
(6 wk program)**

For children 5 & older who are able to follow directions in a group setting and unable to participate in mainstream programs due to a limitation related to their diagnosis. 45 minute class every Sunday for 6 weeks.

**Allstar Swimming**  
**Location 1:** Love to Swim School, 15502 Huebner Rd, 78248  
**Starts:** Sunday, January 22<sup>nd</sup>  
**TIME:** 4- 4:45pm

**ALLSTAR  
Swimming  
Palo Alto  
(6 wk program)**

For children 5 and older who are able to follow directions in a group setting and unable to participate in mainstream programs due to a limitation related to their diagnosis. 45 minute class every Monday for 6 weeks.

**Allstar Swimming**  
**Location 2:** Palo Alto College 1400 W Villaret Blvd, 78224  
**Starts:** Monday, January 30<sup>th</sup>  
**TIME:** 6-6:45pm

**ONLINE REGISTRATION BEGINS DECEMBER 30<sup>TH</sup>.**


**For questions related to program schedule and registration,  
please call (210) 748-5860.**

 <p>Kinetic Kids</p> <p>Winter schedule at a glance →</p> <p><b>Please note registration will open Dec. 30.</b></p> <p>We thank you for your patience as we begin a new online system!</p> <p>For more program details check pages 2-4.</p>	<b>December 2011</b>						
	<b>Sun</b>	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>	<b>Sat</b>
	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30 Online registration OPEN— Register Today!</b>	<b>31</b>
	<b>January 2012</b>						
	<b>Sun</b>	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>	<b>Sat</b>
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
	<b>15</b> Gymnastics @ Alamo starts	<b>16</b> Basketball @ UUMC starts	<b>17</b>	<b>18</b> Basketball @ Mission Rd starts	<b>19</b> WC basketball starts	<b>20</b> Gymnastics @ GSA starts	<b>21</b>
	<b>22</b> Swim @ Love To Swim starts	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b> Kinetic Kids 5 K event
	<b>29</b>	<b>30</b> Swim @ Palo Alto Starts	<b>31</b>	<b>Notes:</b> <b>Call 748-5860 for registration questions!</b>			

We have incorporated a new ONLINE registration process! It's quick and easy and will make registering for this season and future seasons a breeze! Follow these simple steps to set up your personal account and register TODAY!

**STEP 1:** Go to link [www.kinetickidstx.org](http://www.kinetickidstx.org), look for the spinning



and click on the  link. If you have already created an account, skip ahead to STEP 2.

To create your personal account, simply follow the instructions for first time visitors including your information as well as any children planning to participate. Once you have created your personal account, all information will be saved for each session=Less work for you!! Be sure fill out and keep your username and password for future season use!

**STEP 2:** Registration will be live online on December 30<sup>th</sup>, so you may register at that time for your desired class. You may pay by credit card, check, or request a scholarship.

**STEP 3:** Once you are registered, you will receive a confirmation email. The medical release form will be the only paper form you will need to bring to programs once a year.

**KINETIC KIDS SPORTS SIGN UP REGISTRATION INFORMATION:**



My Kinetic Kids Username: \_\_\_\_\_

My Kinetic Kids Password: \_\_\_\_\_

