



Kinetic Kids Summer Activities 2009

Sports & Recreation Classes for children with special needs

Gymnastics

For children 5 and older who walk by themselves, with a walker, or crutches and are able to follow directions within a group setting.

- MEDICAL CENTER - Friday's starting June 26 for 8 sessions from 4 - 5 pm at Gymnastics of San Antonio, 5500 Babcock, 78240.
- NORTH CENTRAL LOCATION - Sunday's starting June 21 for 8 weeks from 3-4, and 4-5 pm at Ariel Athletics, 4335 Vance Jackson, 78230.
- ALAMO HEIGHTS LOCATION - Thursday's starting June 25 for 8 weeks from 5-6, and 6-7 pm at Olympia, 6925 East Sunbelt Dr., 78218.

Mommy & Me Swim

This 6 week program is for parents and children 18 months-5 years old.

- INCARNATE WORD - Friday's starting June 26 from 11-11:30 am at Incarnate Word Natatorium, 4301 Broadway, 78209.
- LOVE TO SWIM- Sunday's starting June 28 from 1-1:30 pm at 15502 Huebner Road, Suite 111, 78248.

Swimming

- New Location: ST. MARY'S Univ. - Friday's starting on June 26 for 6 weeks at St. Mary's Natatorium, 1 Camino Santa Maria, 78228.
Class/ Skill levels:
11:00-11:30 pm- Water Exploration
11:30-12:15 pm -Skills & Drills

Swimming con't

Children will be placed in appropriate classes at time of registration through a phone or personal interview with parent.

- INCARNATE WORD - Friday's starting on June 26 for 6 weeks at Incarnate Word Natatorium, 4301 Broadway, 78209.
Class/ Skill levels:
11-11:45 - Skills & Drills class
11:45-12:15 - Water exploration
11:45-12:30 - Competitive swimming

- LOVE TO SWIM- Sunday's starting June 28 for 6 weeks at Love To Swim, 15502 Huebner Road, Suite 111, 78248.
Class/ Skill levels:
1:30-2:00 pm-Water Exploration
2:00-2:45 pm -Skills & Drills

Parent & Me Gymnastics

This 6 week program is for parents and children 18 months-5 years old building gross motor skills through play and gymnastic activities. Class starts Friday, June 26 for 6 sessions from 3:15-4 pm at Gymnastics of San Antonio, 5500 Babcock, 78240.

This may also be an introductory class to first time gymnastics participants.

Wheelchair Tennis

This class is for children age 6 and older that can self propel over 100 feet and have difficulty competing in traditional sports. Classes run on Tuesday's from 6-7 pm starting June 30 for 6 weeks at the University of Incarnate Word courts, 4301 Broadway, 78209. Wheelchairs are available on first come, first serve basis.

Art for ALL

Join Kinetic Kids for a fun afternoon of art designs at Artpace! This class is designed for children of all abilities over 4 years of age who love creating artwork! This class will be held on Thursday, Aug 20th - Check our website for updates.

MORE PROGRAMS ON BACK!! WE ARE GROWING!! MORE PROGRAMS ON BACK!!! WE ARE GROWING!



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<p align="center"><u>Music 101 & 201</u></p> <p>Each Thursday starting June 25 for 6 weeks at St. George Episcopal Church, 6904 West Avenue, 78213.</p> <ul style="list-style-type: none"> • <u>Music 101</u> is for children 5 & older of all abilities who want to learn more about various instruments and love music! Class is from 5:00 - 5:45 pm. • <u>Music 201</u> is for children 5 and older of all abilities that want to learn more about keyboarding. Class is from 5:45-6:30 pm. 	<p align="center"><i>NEW 2009 PROGRAM</i></p> <p align="center"><u>Teen Golf</u></p> <p>This class is for children ages 12 and older with the ability to follow directions independently in a group setting. This 4 week program runs on Tuesday's from 12-1 pm starting July 7 at a location to be determined.</p>	<p align="center"><u>Birthday Club</u></p> <p>Treehouse Pediatrics and Kinetic Kids are working together to enhance Birthday Party skills for children with special needs. Our goal is for each child to have fun and not be overwhelmed at a birthday party.</p> <p>**The next Birthday Club will be August at Treehouse Pediatrics for kids who have birthdays during the months of August, September, October. See website for details.</p>
<p align="center"><u>Outdoor Explorers</u></p> <p>Kinetic Kids' next adventure is learning all about the skills of canoeing! Join us on our Canoeing adventure on August 1 at Boerne Lake from 9:30-12:30. Bring a sack lunch, hat, and your whole family for a fun day with Kinetic Kids!! Other fun activities for the day: gardening activities and fishing. Siblings welcomed!!</p>	<p align="center"><u>KINETIC KIDS COURT OF DREAMS</u></p> <p>Join us for a night with the Silver Stars! FRIDAY, JULY 17th at the AT&T CENTER FEE: \$20 PER TICKET</p> <p>Package includes:</p> <ul style="list-style-type: none"> • Recreational activities on the basketball court from 1-4 pm • Tour the court & locker rooms where the Spurs and Silver Stars play! • 1 Lower Level game ticket to see the Silver Stars perform at 7 pm. • Hot Dog, Chips and Soda <p align="center"><u>Call 857-5797 for your tickets!</u></p>	<p align="center"><u>LOSE THE TRAINING WHEELS BIKE CAMP!</u></p> <p>Dates: August 10-14 Location: TBD</p> <p>The goal of this one week camp is to teach children with special needs to ride a traditional bike in 5 days. Children must be at least 8 years old, walk independently, and are able to ride a bike with training wheels. See our website for more information and registration materials.</p>

Scholarships are available for all programs. For more information about the programs or scholarships, please call: 748-5860