



# Kinetic Kids *FALL* Activities 2009

Sports & Recreation Classes for children with special needs

<p style="text-align: center;"><u>T-Ball</u></p> <p>T-ball is for children of all abilities ages 5-18 who want to PLAY BALL! The fall t-ball league will be 6 weeks with a final game at the end of the season. Practice starts Monday, September 21 from 6:00-7:00 pm at St. Francis of Assisi fields at 4201 Dezavala Road. Week 1-3: Practice, Week 4-6: Games</p> <p>This is a perfect program for children who need one on one help and are new to Kinetic Kids!</p>	<p style="text-align: center;"><u>Wheelchair Basketball</u></p> <p>This program is for children and teens with physical disabilities age 6 years and older. Players will learn the game of wheelchair basketball in addition to dribbling, shooting and passing drills. Class starts on Tuesday, September 22 from 6:30-7:30 pm for 6 weeks at the University of Incarnate Word gymnasium, 4301 Broadway. Sport wheelchairs are available on first come, first serve basis.</p>	<p style="text-align: center;"><u>Dance</u></p> <p>For girls and boys 4-18 who walk by themselves or with a walker, and are able to follow directions. This season our dance class will be performing routines to holiday hits! Class starts Sunday, October 18 for 8 weeks from 3-4 pm or 4-5 pm. Classes will be held at Flip City, 23132 US Hwy 281 N.</p> <p>Class times for each dancer will be determined by program directors.</p>
<p style="text-align: center;"><u>Flag Football</u></p> <p>Flag football is a 6 week program for children of all abilities 7 years and older who want to learn to game of flag football. Practice starts Monday, September 21, from 7:00-8:00 pm at St. Francis of Assisi fields at 4201 Dezavala Road.</p> <p>This season focuses on punting, kicking, throwing, in addition to learning offensive and defensive plays.</p>	<p style="text-align: center;"><u>Swimming</u></p> <p>For children 5 years and older who want to advance their swimming strokes. Classes will run 6 weeks starting Sunday, September 20 at Love To Swim on 15502 Huebner Road, Suite 111.</p> <p style="text-align: center;"><u>Class Times:</u></p> <p>1:30-2:00 pm-SWIM 101 2:00-2:45 pm -SWIM 201 - for children with physical disabilities</p> <p>Children will be placed in appropriate classes by program director at time of registration.</p>	<p style="text-align: center;"><u>Tween/Teen Soccer</u></p> <p>This 6 week program is for tweens over 10 years. Players will learn soccer drills with introduction of game play. Players need to be ambulatory (with or without walker) and follow directions independently in a group setting. Practice starts on Saturday, September 26 from 9:30-10:30 am at Classic Elite Soccer Academy, 11503 Jones Maltsberger Rd, 78216.</p>

**MORE PROGRAMS ON BACK! WE ARE GROWING! MORE PROGRAMS ON BACK! WE ARE GROWING!**



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<p align="center"><u>Kindermusik</u></p> <p>Parents and children with special needs 2-6 years of age are introduced to musical instruments and a variety of sounds which are helpful for brain development. Classes are Monday's starting September 21 for 6 weeks from 10:00 -10:45am. Classes will be held at Park Ranch, 19915 Park Ranch, 78259.</p>	<p align="center"><u>Birthday Club</u></p> <p>Treehouse Pediatrics and Kinetic Kids are working together to enhance Birthday Party skills for children with special needs. Our goal is for each child to have fun and not be overwhelmed at a birthday party. **The next Birthday Club will be in November at Treehouse Pediatrics for kids who have birthdays during the months of November, December, and January. See website for details.</p>	<p align="center"><u>Parent &amp; Me Swim</u></p> <p>For parents and children under 5 years of age who want to learn water safety and advance their swimming strokes. Classes will run 6 weeks starting Sunday, September 20 from 1:00 - 1:30 at Love To Swim on 15502 Huebner Road, Suite 111.</p>
<p align="center"><u>Outdoor Explorer</u></p> <p>Kinetic Kids' next adventure will take place at Mitchell Lake Audubon Center! Join us on our nature adventure on November 21 from 9:30-12:30. Bring water, a sack lunch, a hat, some closed toe shoes, and your whole family for a fun day with Kinetic Kids!!</p> <p>Space will be limited, so sign up now!</p>	<p align="center"><b>COMING SOON!</b></p> <p align="center"><b>Hoot N Holler For Kinetic Kids!</b></p> <p align="center"><b>Nov. 12, 2009 Pearl Stables</b></p> <p>Let us know if you would like more information on Kinetic Kids' annual fundraiser to support our programs!!</p>	<p align="center"><u>Art for ALL</u></p> <p>Join Kinetic Kids for our one day class filled with Holiday Creations! This class is designed for children of all abilities over 4 years of age who love draw, paint, and decorate!! Siblings welcomed! This class will be held in early December. Location to be determined.</p> <p>Check the website for updates.</p>

Scholarships are available for all programs. For more information about the programs or scholarships, please call 748-5860.